# VIVIX Benefits for Alzheimer's & Dementia

## Elsie's Journey from Alzheimer's

Our Mom had become bed-ridden, wore diapers and seldom recognized family or friends. We bathed, dressed, and fed her. She was diagnosed the beginning of the worst stage of Alzheimer's.

Mom was prescribed Aricept and slept for those 7 months. Next they prescribed Exelon, another 3 months of sleeping. Were Alzheimer drugs just meant to keep patients sedated? Then came Namenda, Mom became violently ill, lay in bed in pain and lost 30 pounds in less than 30 days.

We decided to stop all prescription medications and get her on a Shaklee Supplement program to give her body the benefits of health. She took Vita-Lea Gold, Mental Acuity, Herb-Lax, Energyzing Soy Protein and Optiflora. Within a few weeks she started getting up on her own and showing improvements. Then Shaklee introduced a new product, Vivix.

Within a few weeks of adding *Vivix* Mom began recognizing family members, she remembers all her children again. She can brush her teeth, wash and dress



herself, and no longer wear diapers. She does the dishes and sweeps the patio. When we shop she has conversations with other people. She plays with her great grandchildren, many songs & rhymes she didn't remember before she now sings and recites to them.

Her long term memory returned, though not perfect, and has selective short term memory. **Today Mom is only stage 1-2 Alzheimer's.** A few times when we forgot to give her the supplements or when the Vivix wasn't available she became listless and confused. Not only is that stressful for Mom, but it makes it very difficult for us as her caregivers. We now see to it we have an ample supply and it always travels with us.

Thankfully, Judy, Sandy, and Bill K

## **ALZHEIMERS**

My Mom has Alzheimer's and has been living with Jeff and me for the last 10 year as she requires 24/7 care. For the first time in a few years my Mom made a sandwich for herself!! We are really starting to think that VIVIX is making a difference.

Her appetite is definitely improved and she referred to me as her daughter to someone the other day! We're actually thinking of discontinuing her Aricept completely. Seems like it may be doing more harm than good? What a surprise!

We started her on *VIVIX* as soon as it was available to the public in August, 2008. When it went on backorder we all got off it for a month or so, maybe even 8 weeks. I'd say, in total, she's been on it for 3-4 months....maybe a bit less.

Last week my sister Maureen showed Mom her wedding photo and Mom said: "That's me!" Maureen then said: "Who's that next to you?" Mom said: "That's my husband!"

Today I showed her another photo from her wedding (a group photo) and she did recognize her father. I think I am going to give her 2 teaspoons a day and see what happens!

Mary Hammon

### **ALZHEIMERS**

During a Shaklee EXCITE Shaklee Business Training event attended in Atlanta in April, 2009 the speaker asked participants to share their *VIVIX* testimonies. The first person to raise her hand told us that for two years she and her sister have been taking care of their **Mother** who was **diagnosed with Alzheimer's**. Their Mother had horrible reactions to the drugs the Doctor prescribed. She became very violent, so they took her off the drugs.

Then someone introduced them to VIVIX & they started giving their Mom 1 tsp. a day. **Before VIVIX** their Mom never wanted to eat and never prepared any of her own food. In addition, she had stopped enjoying visitors & recognized very few people. She did not dress herself, was barely able to walk, and she spent most of her time sleeping or just sitting in a chair.

After 3 months on VIVIX: 1.Mom got up out of her chair and told her daughters she was hungry and that she was going to fix herself a peanut butter sandwich. 2.Mom was shown picture albums and could identify ALL the people in the pictures by name. 3.Mom was enjoying company. 4. Mom was dressing herself and being more active.

#### **DEMENTIA**

I was diagnosed with **early onset dementia** 6 years ago at the age of 57. With the Shaklee basics I take, the doctor said I was doing great. However, even though I was "doing great", I had **poor sleep**, was a grizzly bear in the morning, **did not have much energy** during the day and I **did NOT look forward to doing things!** 

After *Vivix*, I have a new clarity that had been missing for a long time. I also have much more energy and sleep better and now get up in the morning – eager to get busy! This is a TREMENDOUS difference for someone with memory problems. *Linda Berton, 2009* 

"An Ounce of Prevention Prevents a Pound of Cure"!

With Shaklee, you have the ability to make a difference not only in your own life, but in the lives of those you will meet!

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